

## **RECIPES FOR HOME MADE KOI FOOD**

Here are some recipes that were giving to me for making your own Koi food.

### **Homemade Koi Paste Food Recipe One**

1/4 lb. shrimp, cooked and peeled  
1/2 cup peas ( cooked or frozen and squeezed out of their skins)  
1/2 cup slightly cooked carrots  
1/2 cup cooked chopped spinach  
1 egg  
1 clove garlic (said to be good for health - and I don't have to smell their breath very often)  
dash of orange juice for consistency  
1 multi vitamin/mineral pill  
1 envelope Knox gelatin dissolved in about 1/8 cup hot water  
Pulse everything above in food processor to a coarse paste. Stir in about 1 cup wheat germ Spread to about 1/4" thickness on waxed paper (I put a second sheet over the top and rolled it evenly). Refrigerate until firm and cut into 1/4" cubes. I froze 1/2 for use later and to keep it relatively fresh.  
Options: If I wasn't worried about white-white skin, I'd have added some red bell pepper because it is so high in vitamins. I see that many custom professional food contains fish meal (so I'd use any fish or parts of fish I'd buy at the supermarket).

### **Homemade paste food recipe Two**

20 Med Shrimp (heads on) cooked, save water  
1-1/3 C. wheatgerm  
1/2 C. koiclay  
1/2 C. Seaweed flour or kelp powder  
2 packets Knox Gelatin  
1/8 C. cod liver oil  
one squirt of baby vitamins

Powder wheatgerm in blender, add to a bowl with all other dry ingredients  
Blend shrimp in blender with 1 C. of save water, until slurry. Add baby Vitamins and oil.  
Add one c. saved water to gelatin and mix...add to blender and mix well.  
Pour blender contents into bowl with dry ingredients and mix well with You hands. Patty out and refrigerate....can be frozen.